



Castel Rouge Chronicle

Volume 51
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December Cooks Club

By THL Mergen Gal

Photos by THL Mergen Gal

The Castel Rouge Cooks Club ended the calendar year with a small gathering featuring a variety of foods. The original assignment was to take a modern recipe and make it medieval. We had some interesting approaches to this one.

Andrew decided to flip the assignment around and took a medieval coffin cake recipe and made it with modern gluten free flour. It turned out amazing! If anyone has worked with gluten free flour before, they would understand the difficulty of making something that requires the structure of sticky gluten to work and trying to make a non glutenous flour do the same. The proof is in the pictures. Made free standing!

Shaikha al-Zahara decided to take a couple of my recipes that are on the menu for 12th Night, pasta with basil and spiced ground beef. A delicious preview!



Lady Tiril brought her tasty roasted red onions (recipe in *Castel Rouge Chronicle*. 50-4, March 2023) served with cheese spread and crackers.

For myself, I normally make perogies at this time of year so did a bit of digging to see what I could find on the origins of this traditional dish. From what I was able to find it is believed that the inspiration came from Europeans making their own version of an Asian dumpling. I looked around for any medieval European dumpling recipes and came across *Das Kuchbuch der Sabina Welserin* (Germany, 16th century - V. Armstrong, trans.) descriptive recipe. It gives an outline of how to make chicken dumplings. My "medieval perogies" had the filling of chicken and cheese spiced with mace, pepper and saffron instead of my usual mashed potatoes and cheese. There were no leftovers.

Offices of the Barony



Office of the Chronicler

By THL Mergen Gal

With officer elections coming up in 2025. The *Castel Rouge Chronicle* will be publishing a series of articles about the various offices of the Barony of Castel Rouge. Up first is the office of the Chronicler.

The Kingdom of Northshield defines the local chronicler as the officer responsible for the editing and publication of the local newsletter to serve the the needs of the local group. The Castel Rouge Chronicler is responsible for the production of the *Castel Rouge Chronicle* at least 4 times a year.

Each chronicler brings their own idea of how to fulfil the requirements of the position. Items that have become a tradition in the newsletter is the recording of folkmoot minutes, and advertising of baronial activities.

In recent editions, I have attempted to bring back some of the old feel of past chronicles in attempting to have content that documents the activities of the barony. The advancement in technology has increased the ability to make great use of photos. My goal is to have as many voices as are willing to share their stories and talents from our Barony.

For future officers interested in the office, the ability to work with at least a basic word processor is now a must. Other skills that would be an asset to the job would be any graphic design experience, some ability with the written word, though this need only be for editing purposes, and access to a camera for doing your own photos making things a bit easier with the paperwork.

The paperwork that is part of the job is collecting signatures on releases for anything you put into print and making sure you are following any copy write laws. And then there is a very easy once a year report you do for the kingdom.

Hopefully this brief overview of the office takes some of the mystery and trepidation out of the position for interested chroniclers. The office is what you make of it.

Folkmoot Minutes December 13th 2023

Kingdom Business:

Kingdom is looking for bids for Spring Coronation.

For future change of officers: In the event the change of officer form can not be easily filled out in person, an email chain with all relevant information and members required to verify the change of office as is required by the form will be accepted.

Everyone please check your Northshield accounts are accurate for membership numbers and expiry dates. There is a technical problem with renewals not being forwarded to kingdom from society. Officers be sure to check.

Old Business:

SUN: bid has been submitted and expected to hear something in February.

12th Night: Classes: watercolour swatch books by Mistress Ainesleah, cost \$2
Viking snip holder by Lady Brenna, cost \$5 limit 20 people

Gimli: Volunteers requested for teaching classes, wanting someone willing to run a dye pot workshop type of activity or another involved A&S project on site. The kitchen is also looking for help in cooking and serving. MICs requested for heavy and rapier.

Planned class: the art of napping

Christmas Cheer Board Hamper: Delivery is scheduled for December 15th. A post to the group will be made when delivery is complete.

THL Amelia has cooks calendars from Ealdormere for sale

Upcoming Dates:

Wednesday A&S will be on break for the next two weeks and will resume January 3rd 2024.

January 14th: community centre gathering, 1 - 4pm

January 17th: Virtual Folkmoot, 7pm

January 28th: community centre gathering, 1 - 4pm

February 3rd: 12th Night, 10am - 10pm

February 4th: community centre gathering, 1 - 4pm

CASTEL ROUGE 12TH NIGHT MYSTERY IN CASTEL ROUGE

IT IS THE 13TH CENTURY, AND A TERRIBLE
CRIME HAS OCCURRED IN OUR LANDS!
PLEASE ATTEND OUR TWELFTH NIGHT EVENT,
AND HELP US FIGURE OUT WHO THE CULPRIT
IS.

DATE: FEBRUARY 3RD, 2024, AT THE
LOCATION: 448 BURNELL ST., WINNIPEG
SITE OPENS AT 10 AM AND CLOSSES AT 10PM.
SITE IS HANDICAP ACCESSIBLE. SITE FEE: \$25
FOR ADULTS,
\$20 FOR ADULTS WITH MEMBER DISCOUNT.
\$10 YOUTH 5-10

FREE WILL DONATION LUNCH WILL BE
AVAILABLE.

SIMPLE DINNER
\$10 ADULT
\$5 YOUTH

THERE WILL BE HEAVY FIGHTING, RAPIER,
DANCING, A&S CLASSES (COLOUR SWATCH
BOOK AND SNIP CASE MAKING), A SECRET
SANTA GIFT EXCHANGE, AND, OF COURSE, A
MYSTERY TO BE SOLVED!

INTERESTED IN VOLUNTEERING?
PLEASE CONTACT LADY AMARYLLIS
OR LADY TIRIL

[HTTPS://WWW.CASTELROUGE.CA/12TH-NIGHT-MYSTERY-IN-CASTEL-ROUGE/](https://www.castelrouge.ca/12th-night-mystery-in-castel-rouge/)

SCA Classroom

Select Fridays
5pm - 10pm

If you would like to teach
or lead an activity
please contact Lady Brenna
moas@castelrouge.ca

COMMUNITY CENTRE, 448
BURNELL ST.
1 - 4PM

JANUARY 14TH

JANUARY 28TH

FEBRUARY 4TH

Virtual
Folkmoot
January 17th

Interested in helping out in the
running of the Barony?

Consider signing up as a
deputy officer!

Everyone welcome!

CONTRIBUTE TO THE CASTEL ROUGE CHRONICLE!

ANYONE CAN MAKE A SUBMISSION!

YOUR SUBMISSION CAN BE ANYTHING FROM AN EVENT REVIEW, TO A BARDIC PIECE YOU'VE WRITTEN, TO AN IMAGE AND DESCRIPTION OF AN A&S PROJECT, OR A MEDIEVAL CARTOON YOU'VE DRAWN.

NOT ALL SUBMISSIONS NEED BE WRITING THOUGH ARTICLES AND STORIES BY ASPIRING WRITERS WILL BE VERY MUCH APPRECIATED.

SUBMISSIONS CAN BE MADE TO
chronicler@castelrouge.ca

Join the Castel Rouge Chronicle Team!

Interested in helping document the goings on in the Barony? Have a passion for graphic design? Just want to be a part of it all?

Then contact Mergen Gal! chronicler@castelroug.ca

OPENING FOR THE POSITION OF SENESCHAL 2 YEAR TERM BEGINNING FEBRUARY 2024

THE GROUP SENESCHAL SERVES AS THE INDIVIDUAL RESPONSIBLE FOR THE REGIONAL GROUP AND THEIR ACTIVITIES. IN PRACTICE, THIS EQUATES TO THE ROLES OF PRESIDENT AND SECRETARY IN OTHER GROUPS / ORGANIZATIONS.

THEY ARE IN CHARGE OF ALL THE ADMINISTRATIVE ASPECTS OF RUNNING THE SCA GROUP, SUCH AS APPROVAL OF EVENTS AND ACTIVITIES, ENSURING POPULACE NUMBERS ARE SUSTAINED, AND ENSURING THAT THE GROUP(S) THEY ARE IN CHARGE OF ARE RUNNING EFFECTIVELY. THEY ALSO HANDLE MOST OF THE ENQUIRIES FROM THE PUBLIC.

THOSE WISHING TO PUT THEIR NAME FORWARD FOR THE POSITION PLEASE NOTIFY THE SENESCHAL BY JANUARY 21ST.

Youth Officer Wanted

The position of Youth Officer is currently open for a one year term beginning February 2024.

The Youth Officer helps coordinate Youth activities within the Barony, ensuring adherence to SCA Policy and modern law, such as background checks.

Requirements:

- **Must be a paid member of the SCA**
- **The Youth Officer will be required to submit and maintain their background check from society.**

Those wishing to put their name forward for the position please notify the seneschal by January 21st.

BARONIAL OFFICERS



Shaikh: Shaikh Gabriel DeLion (he/him)
baron@castelrouge.ca



Shaikha: Shaikha Nadrah bint Bishir al-Zahara (she/her)
baroness@castelrouge.ca



Seneschal: THL Mergen Gal (she/her)
seneschal@castelrouge.ca



Exchequer: THL Amaryllis of Castel Rouge (she/her)
exchequer@castelrouge.ca



Knight Marshal: Virðulegur Hlíf Mjòksiglandi Askasmiðr (they/them)
marshal@castelrouge.ca



Herald: Dame Clara Inghean Uilleim (she/her)
herald@castelrouge.ca



Minister of Arts and Sciences: Lady Brenna Dhaimair (she/her)
moas@castelrouge.ca



Chronicler: THL Mergen Gal (she/her)
chronicler@castelrouge.ca



Chatelaine: THL Rachelle Domonique de Brianna (she/her)
chatelaine@castelrouge.ca



Rapier Marshal: Master David DuPont (he/him)
rapier@castelrouge.ca



Webminister: THL Sian merch Gruffydd (she/her)
webminister@castelrouge.ca



Goldkey: Shaikha Nadrah al-Zahara (she/her)
goldkey@castelrouge.ca



Signet: Mistress Hermina Matilda de Ainesleah of Meredenc (she/her)
signet@castelrouge.ca



Youth Officer: Vacant
youth@castelrouge.ca

Subscription Information

Electronic copies of our newsletter are available on our website, on our Facebook group, & via the email list. If you have any questions or contributions, please see THL Mergen Gal (Chronicler) or email chronicler@castelrouge.ca.

Web Site: <http://www.castelrouge.ca>

Email List: <https://groups.google.com/d/forum/barony-of-castel-rouge>

Facebook: <https://www.facebook.com/groups/2726000012/>



The Fine Print We Love So Much (statement of ownership & disclaimer)

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